

WEEK:	1	2	3	4	5	6	7	8	9	10
LIGHT:	18h	12h	12h	12h	12h	12h	12h	12h	12h	
	ATA Rootfast 1 - 5 ml									
			Atazyme 1 - 3 ml							
	ATA Terra Leaves 1 - 5 ml									
			ATA Terra Max 1 - 5 ml							
			ATA XL 1 - 1,5 ml							
			ATA PK13/14 1 - 2 ml							
			B'cuzz Silic Boost 0,1 ml							
			ATA Calmag 0,1 ml - 1 ml							

